The CCI Family and Philosophy

We at Crownview Co-Occurring Institute are devoted to providing high-quality comprehensive psychiatric services and excellent health care. Our team prides itself on its expertise with both the diagnosis and treatment of all forms of mental illness, and believes that the relationship between health care provider and client is often the key to long-term recovery. We take a balanced approach and go well beyond symptom relief to help our clients revitalize their lives in sustainable and fulfilling ways.

Our work with co-occurring conditions is carried out by carefully selected teams of psychiatrists, psychologists and licensed clinicians. Their skills and areas of specialty are integrated into a complete program of therapeutic resources that give us the flexibility and responsiveness to meet the uniquely demanding needs of our clients.

CCI has designed a comprehensive 4-phase treatment program that, fully implemented, can help restore lives: Acclimatization, Stabilization, Reintegration and finally Independence. Each phase builds on the one before it to establish a solid foundation of measurable, accountable achievement. This is a goal-oriented program, and under daily evaluation by the full therapy team.

CCI has designed large menu of interrelated therapies and strategies to provide wrap-around treatment customized for each client. From in-depth therapeutic models such as Cognitive-Behavioral and Dialectic Behavioral therapies to creative and recreational programs, CCI always manages each case with consideration of the whole person. We create patterns of synergy that can more effectively treat each client.

There are six key components of the CCI recovery plan:

**Component 1: 24-Hour Supported Housing** Providing secure, structured 24-hour housing – both long and short term.

**Component 2: Intensive Psychotherapy** Creating an individualized treatment plan that’s right for both you and your family.

**Component 3: Teaching Vital Life Skills** Achieving long-term success by building life skills and healthy relationships.

**Component 4: Getting Back to Work** Preparing for a successful return to work or school with a realistic plan.

**Component 5: Managing Your Case** Providing expertise on the legal, financial and social facets of your case.

**Component 6: Healthy Recreation** Reconnecting to life with activities that help restore both the body and mind.

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Finding Your Way Home... A Comprehensive Approach

Persons with co-occurring conditions, also known as dual diagnosis (serious mental illness combined with addictive substance use) often find themselves in a state of personal disintegration, unable to function adequately in any of the major areas of life. CCI has designed a comprehensive 4-phase treatment program that, fully implemented, can help restore lives: Acclimatization, Stabilization, Reintegration and finally Independence. Each phase builds on the one before it to establish a solid foundation of measurable, accountable achievement. This is a goal-oriented program, and under daily evaluation by the full therapy team.

We have licensed psychiatrists at our treatment facilities during all hours of operation, and a depth of professional experience with all current, evidence-based therapies. We work closely with families and loved ones in all phases, helping create a healthier, more resilient home environment for everyone.

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CCI has literally given me something I never had, and thought was not possible..."
**Phases of Treatment**

- **Phase 1: Assessment and Evaluation**
  - Each client is assigned a primary therapist, case manager, and psychiatrist by the CCI treatment team. They will manage their case and provide an individualized therapy program with structured oversight for every phase of treatment.

- **Phase 2: Gradual Stabilization**
  - We create a highly-structured, secure and compassionate environment that acclimates our clients to the program.

- **Phase 3: Developing Intensive Integration Skills**
  - We are given increasing levels of freedom and privilege such as increased personal freedoms, off-site privileges, and privileges.

- **Phase 4: Moving Towards Independence**
  - Full psychological services, diagnostic analysis, formal interviewing, and neuro-psych testing.

**Core Program Therapies**

This core program, together with the integrative services shown below, provide the essentials for meeting the critical challenges of co-occurring conditions. A team of specialists is built around each client, where the needs of the case are matched with the therapist’s expertise. At CCI, we continually search for the right tools to give our clients the best chance for recovery.

**Intensive Psychotherapy Strategies**

- Individual and Group Therapies
- Cognitive-Behavioral Therapy (CBT)
- Dialectic Behavioral Therapy (DBT)
- Mindfulness and Meditation
- Equine (Horseback) Therapy

**Integrative Services**

These services flesh out recovery plan components 3-6, and are vital to the long-term stability and resilience needed for reintegration into family life and work. Additionally, expertise is provided for managing the legal and financial burdens that often accompany these conditions. No problem area is left untended.

**Vocational and Educational Paths**

- Every patient is required to have a paid or volunteer job, or enrolled in school.
- Employment Workshops
- Exploring Education and Training Options
- Preparing and Coaching for Job Interviews

**Nutritional and Diet**

- Meal Planning and Preparation
- Grocery Shopping

**Our goal for each client is always to achieve a healthy reintegration into life, providing balance, hopefulness and a viable network of supportive relationships.**